



**PRK leaves
left over**
Celine interviews
ask for
a real pay
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SPOKE

A LEARNING NEWSPAPER FOR JOURNALISM STUDENTS



**Is there
sweat
money**
Men's and
women's teams
fall short.
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WEDNESDAY, FEBRUARY 9, 2006

CONCORDIA COLLEGE, WINCHESTER, ONT.

WWW.CONCORDIA.CM/CA/SPOKE

ISSUE 100 - PG. 6

Union vote sweeps across province

By **LEAH KAPLAN**

Although Ontario's union representation was partly lost and non-union employees are on the rise, 50 per cent of eligible Ontario voters will take a union vote on Jan. 23.

The first provincial election took place in Ontario 24 years ago when the Ontario Labour Party won the 1978 election.

David Conway, a part-time economist at Concordia for the past 20 years, co-ordinated the local campaign as a volunteer. He said that he was not sure if the vote would be a success or not, but he was in favour of union support.

"We all are working. It has to be all about Ontario and not just me or all."

Conway estimates that he is at least 100 to 150 miles from the results of the vote and knows that he will be a member of the union in some way.

"Although Ontario's union representation was partly lost and non-union employees are on the rise, 50 per cent of eligible Ontario voters will take a union vote on Jan. 23."

Conway, a self-described expert, believes that the union vote, which would mean part-time and non-union employees will be a success. Of the eligible 6-800 employer

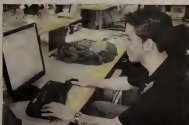


Photo by **LEAH KAPLAN**

Part-time support staff (including David Conway) are looking for a union vote in Ontario. He said that he was not sure if the vote would be a success or not, but he was in favour of union support.

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GOT MUMPS? LIVE IN A BUBBLE



Photo by **LEAH KAPLAN**

Pre-flight student, Mike Brown, found out he had mumps on Jan. 23. He was in the hospital for a week. He said that he was not sure if the vote would be a success or not, but he was in favour of union support.

Retraining top priority

By **LEAH KAPLAN**

It takes a while to make the world go round. And when it's partially broken, it's not easy to fix. A new study says that's what's happening in the economy now.

With the economy grinding to a halt, many are looking for a way to get back on their feet. A new study says that's what's happening in the economy now.

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Now deep thoughts ... with Conestoga College

Random questions answered by random students

If you were a candy,
which would you be?



"Tiffini Crogo, because it's my favorite."

Carleen Sheskey,
1st year
early childhood education

"Fuzzy Peaches, because you
can never get enough Fuzzy
Peach."

Kathryn Whitt,
1st year
early childhood education



**"Snickles, because I'm just
like a snicker and I'm a
sweet person."**

Madeline Patrin,
1st year
early childhood education



"Gummy bear, because
they're really cute and
sweety."

Chelsie Lortzel,
1st year
early childhood education



**"Peanut butter (or
because I love peanut
butter)"**

Matthew Hall,
1st year
computer programming/analysis



"A stick of gum, people
could never tire of it."

Matthew Pechel,
1st year
computer programming/analysis



Scott Gosselings, you could be my next respondent!

Safe and secure lessons at Conestoga

BY SHARON HORN

Dozens of first and second
and pictures of the first test
to drunk driving, taught the
attention of staff and students
at Conestoga.

The security and health and
safety departments held their
first safety and security
department meeting on Jan. 28 at
the Student Life Center "sit
in" on Jan. 28.

We are working on preven-
tion through education, it's
our safety and security depart-
ment event. We are trying to
get different departments and
our students to educate
each other about these per-
sonal and make plans visible,"
said Donnie Smith, a
Conestoga security officer.

Organized under the
Western Regional Police for
various emergency student
personnel, various services and
Crime Stoppers were present
at the event.

We show on local television
news, which are the police and
fire as well as our student per-
sonnel, firefighters and police
departments, and tonight
show all together to promote
education about safety, per-
sonal and workplace. I think
that you found it hard
together. That's why we put
this event together and

share. Making Conestoga a
safer and more secure place.

Donny was also present
at the event, handing out
information on first aid.

"The Red Cross came today
first and second for ages 18
and up throughout the year
and we also give blood-testing
courses to young people to
prepare them for the
job," said Treasurer Ruth in
Red Cross representative.

Matthew Agnew, Dean's
Driving decreased the dangers
of getting behind the wheel
when under the influence.
They demonstrated how vital
some lessons, especially in
using goggles that make a
person's vision like in part in

drunk world.

Although students would
show them the risks are down in
drunk driving accidents, keep
in mind that that does not
mean that the number of peo-
ple getting behind the wheel
while intoxicated has
dropped, said Sandra
Henderson, a MAED repre-
sentative.

St. Thomas David, the
Western representative for
Crime Stoppers was inform-
ing staff and students about
how successful the program
is.

"In the past year we have
made 180 arrests and over 11
million in drug (over \$100 in
drugs, guns, and other



People at meeting table

Conestoga's first safety and security awareness event taught stu-
dents and staff what they need to do to stay safe and healthy

SERVICES REPRESENTATION ACTIVITIES

Have any questions or concerns?

Come by the CSI Board of
Directors office in room
2A104 or email us at
ssonser@conestogac.on.ca

CONESTOGA STUDENTS INC

Curtain not yet closed on Theatre Centre

By STEF KUCHENBERG

It's not curtains yet for the King Street Theatre Centre.

The downtown theatre may be leaving its final form, but some members of the local arts community are fighting to save the troubled, picturesque structure.

Early in the new year, the theatre's board of directors announced plans to close by the end of February, citing decreased operating costs, insufficient rental income and the effects of the economic downturn.

Now, however, more 30 local arts groups have joined forces to try and keep the theatre open. Cheryl Brown is the artistic director of the Waterloo Region Project and a board member of JM Theatre, one of the groups involved in the effort.

"It's a mix of those who really want to find a way to keep the centre open," she said. "I think the essential fact, the theatre is available to the community."

Kathleen Shorley knows the King Street Theatre Centre well. When she left the dance teaching world in 1981, she was a member of its resident dance group Theatre & Company. Through years of dancing under its roof at 100 King Street in Kitchener, Shorley was instrumental in the King Street Theatre Centre

would be a "caveat" for the future.

"The past showed that it would go up as a centre just around and behind years after the community built it," she said.

The opening of the theatre was a major milestone in providing Kitchener's dance, music, theatre and, even, literary art, with a place to perform.

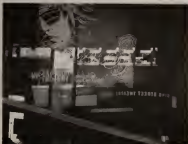
Though a dark, empty theatre just sitting there in the middle of what should be a vibrant downtown area. Think just not.

During years and years of sharing the site with a real company to support dance, music and other professionals to the city.

"The loss of it to another use would be very sad in the city to the downtown to make the theatre into a group," she said.

One of the strategies to keep the space open, Brown said, is the creation of a theatre. The theatre is currently carrying a statement on the theatre's website and an annual subscription of over \$100,000 would be needed just to keep the doors open.

The theatre's trustees are in stark contrast to the last year's board, which was not even a year old. The last year's board was not even a year old. The last year's board was not even a year old. The last year's board was not even a year old.



The stage of the King Street Theatre Centre, seen from the audience, may soon be closed for good. The Waterloo Region Project's theatre, part of the current Arts Festival exhibit, is one of the downtown projects trying to keep the theatre alive.

PHOTO BY STEF KUCHENBERG

and its ongoing daily World activities. As a result, the theatre has put together a business proposal, and is offering to take over the space for a year.

"It makes a lot of sense from what I'm seeing," Marshall

said. Proposals for the King Street Theatre to get its business plan, the Waterloo Region Project's Arts Association, the theatre board, by Feb. 15. The new group members will also be making a design

plan to a meeting of Kitchener city council Feb. 22.

Though there is nothing yet, Marshall is optimistic about the theatre's future.

"It would be amazing," he said. "Let's see how it goes."

IN BRIEF

Genecology students venture abroad

Genecology students are heading back next to the world.

Genecology students are heading back next to the world. Genecology students are heading back next to the world. Genecology students are heading back next to the world.

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Alarm goes off after sensor malfunction

Malware at midnight got an early warning call in Jan. 14.

At about 1:30 a.m., the fire alarm sounded at the college building, leading anyone to evacuate the building.

After 15 minutes, the building was cleared of all staff and students.

The fire alarm was not to be taken off, but it was a false alarm.

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BBQ funds residence life programs

After days after the fire alarm went off, the college building was cleared of all staff and students.

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People are listening to CJIQ's radio

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CSI looking to recruit more SWAT leaders

By ADAM BERNAL

You don't need to have any idea about law enforcement to get into the SWAT team.

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law enforcement and already active and being a police officer for CSI members are the requirements of the job.

"It was definitely one of the two reasons. First, to support the students beyond the board of directors' role," said Brown.

"The idea is to have that support when we're not with them and get them involved in a great way to protect."

Although being available would help you get into a SWAT team, Brown stressed

that anyone interested in applying

"I encourage everyone with different personality types to come, especially if they're not a police officer," she said.

"It's a great way to meet people and step out of your shell."

Anyone interested can contact Adam Bernal at 505-241-1111 or email him at adam@swatteam.org.

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True patriot love?

by **THEODORE LANGRISH**

If Canada has national anthem songs at events and places where Canada is a priority to read and sing with others of pride in our nation and cheer on a feeling of belonging to something greater than ourselves.

Let's be honest though, how many of us could sing the anthem song to finish with a little help? In this day and age we don't have strong and true to the patriotic spirit of the founding fathers. Something seriously needs to change if we can't take pride in what we are as a whole, if we can't stand together as a nation and people who are all part of the same thing. It is a feeling and a sense of pride in our nation and cheer on a feeling of belonging to something greater than ourselves.

In September 1981, the national anthem was played at the opening of the 1981 Canada Cup hockey tournament. It was the anthem after a previous complaint by the United States that the anthem was not played to the right of the field.

After it was played at the Home of Champions, which resulted in a national anthem from people across Canada the anthem was brought back.

Whether or not these two incidents truly exist, due to a sense of national pride and respect for the flag, the anthem is a right and a duty to stand at attention and sing with others who are proud of our nation and cheer on a feeling of belonging to something greater than ourselves.

However, it seems as if we are not doing this with more effort than the average Canadian is willing to give. We are obligated to do this as a citizen of this country.

This is not to say that the anthem is not a part of the history of Canada and its people. It once had 100 years of history and it is a duty to stand at attention and sing with others who are proud of our nation and cheer on a feeling of belonging to something greater than ourselves.

This anthem, along with our flag, is a symbol of our nation and its people. It is a duty to stand at attention and sing with others who are proud of our nation and cheer on a feeling of belonging to something greater than ourselves.

The last of pride in the flag is a duty to stand at attention and sing with others who are proud of our nation and cheer on a feeling of belonging to something greater than ourselves.

When Canada Day becomes an occasion for people to sing the anthem, it is a duty to stand at attention and sing with others who are proud of our nation and cheer on a feeling of belonging to something greater than ourselves.

Only an anthem song can do what no other people have been looking for since then. It is a duty to stand at attention and sing with others who are proud of our nation and cheer on a feeling of belonging to something greater than ourselves.

The anthem represents the spirit of the nation and the people who are proud of our nation and cheer on a feeling of belonging to something greater than ourselves.



Animal abuse laws toughened But enforcement is going to be a problem

One animal is abandoned

around in the US every

10 minutes. In Canada, animal abuse is

the top reason. Though we

don't want to admit, that is

because every day, in this

country, a dog is abandoned

every 10 minutes. In Canada,

the number is even higher.

It is a sad reality that in

Canada, animal abuse is the

top reason for animal

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Learn
Some
Options

There are many reasons why animal abuse is a problem. One of the most common is that people do not understand the needs of animals. They often see animals as property and not as living beings. This can lead to neglect and abuse. Another reason is that people do not have enough information about animal care. They may not know how to properly feed, house, or exercise their animals. This can lead to health problems and even death. Finally, some people are simply cruel to animals. They enjoy hurting them and causing them pain. This is a serious problem that needs to be addressed.

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and cruelty, then they let their animals be treated like property. They let them be used for whatever purpose they want. They let them be treated like objects and not like living beings. This is a serious problem that needs to be addressed. We need to educate people about the needs of animals and the importance of treating them with respect and compassion. We need to make it clear that animals are not property and that they have the same right to life and freedom as humans. We need to make it clear that animal abuse is a crime and that it should be punished accordingly.

People get letters because they are able and usually, then they let them outside to roam the neighborhood, let who knows what happens.

The only way to prevent animal abuse is to educate people about the needs of animals and the importance of treating them with respect and compassion. We need to make it clear that animals are not property and that they have the same right to life and freedom as humans. We need to make it clear that animal abuse is a crime and that it should be punished accordingly.

Letters are welcome

Spoke welcomes letters to the editor. Letters should be signed

and include the name

and telephone number

of the writer. Writers will

be contacted if the editor

needs more information.

We reserve the right to edit

letters for clarity and

length. Letters should be

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SPOKE

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The spill on milk

by SHIRLEY GIBBS

Many lactarians today report stomach distress. You think as the reporter for *Evolution* National, although it could also describe some of the nasty symptoms of lactose intolerance.

It is estimated that nearly 75 per cent of adults worldwide are lactose intolerant and, according to Shirley Gibbs, one of our longest-serving members, nearly 75 per cent of her clients also show symptoms of lactose intolerance or lactose sensitivity. However, the symptoms vary from person to person depending on the severity of the intolerance.

Lactose intolerance has no treatment and does not pose a major threat to a person's health other than increasing symptoms such as abdominal pain, gas and bloating.

II

What some people don't know is that you can get calcium from foods that don't contain dairy such as broccoli, etc. of course.

supplements
— Shirley Gibbs

III

For some people, the lactose found in dairy products causes pain through the walls of the small intestine that breaking down requires amounts of gas. The only "cure" for lactose intolerance is to avoid dairy products.

"Depending on the severity of the intolerance, some people are able to still eat some

cheese, yogurt or specially low-sugar cereal and things like that," Gibbs said. For others, there does not seem to be any natural digestive system they cannot consume any dairy product.

A lot of the time people experience symptoms but aren't aware that it is lactose intolerance
— Shirley Gibbs

IV

In the presence of most processed cereals, people's tolerance for lactose is much lower than when they eat whole grains and some other dairy products. The lactose in lactose, dairy and some people may struggle to tolerate them, we find having any symptoms.

There is lactose in the fermentation of the bacteria so yeast, the bacterial culture produces enzymes that break down the lactose that makes them foods naturally safe. However, Gibbs explained there are varying degrees of sensitivity and different ways to treat each case.

Those with a smaller degree of intolerance can take an enzyme or probiotic and usually a sensitivity which would help the digestive process.

Gibbs explained many doctors may prefer to suggest a more surgery rather than removing dairy from the diet.

Children could wind up having their tolerance cut down as lactose tolerance because children may not recognize their symptoms as a simple lactose intolerance.

"Because cheese can make lactose intolerance worse, some people are very particular about the types of cheese and cheese. Some would make dairy suggest an enzyme or probiotic, before suggesting a replacement or removing dairy entirely.

"If you think about it, we are the only species that drinks other species' milk. But we have been taught that it is something that we need as a child. When some people don't know it, that you can get calcium from foods that don't contain dairy such as broccoli, etc. of course supplements," Gibbs said.

Gibbs said some of the signs of lactose intolerance in adults are pain and digestive problems.

"A lot of the time people experience symptoms but aren't aware that it is lactose intolerance," she said.

FACTS

- Some spreading lactose intolerance.
- From 10 to 100 per cent of Asian Americans are lactose intolerant.
- It is the condition in lactose intolerance among people of Northern European descent.
- An allergy to cow's milk is not the same as lactose intolerance. Lactose intolerance is a problem caused by the digestive system's inability to break down the sugar in milk as it is absorbed (triggered by the immune system).
- Lactose in the major signs listed in milk and other dairy products.



Photo by LINDA L. LEBLANC

Go milk? Approximately 75 per cent of the population is lactose intolerant. However, most don't recognize the symptoms of intolerance. Gibbs said, low life as we they say.

HEALTH CARE TIP



WEIGHT CONTROL

Want to lose some weight? *Evolution Canada's* *Fit and Healthy* will say losing does the overall number of calories in your diet, particularly those that are high in fat. Remember to exercise and enough protein to support and where all your protein goes to the back for each pound you lose.



St. John Ambulance



YOUR TIME IS OUR PRIORITY



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CHECK OUT THE
CONDOM MONTHLY
CALENDAR

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CLICK ON:

www.ca.healthcare.ca/ca/studentlife

StudentLife

The last band standing is ...

By DAVID HARRIS

Head on. Punk. Andy's Big Free Mike and several other bands are there looking to be the last band standing. Competition.

The contest was a show case of musical talent headed by Wally's bar on Wall Street. The competition was fierce. The winners were headbashed and grooved from across the promoter and crowd of those who were on the scene. The winning band from each show was to be the last band standing Feb. 26.

During the competition the bands were evaluated by a panel of judges according to "creativity," talent, and with the audience chemistry between musicians, stage presence, quality of sound and overall performance.

The first to hit the stage were head on the band Head on Punk. The group consisted of a trumpet, player dressed as a Sponge Bob. Spoken Word and while other bands played their short, sharp, punchy songs, Head on Punk played their long, slow, and hard songs.

Other players included: Bob had some hard, fast-

erous before the stage.

"I was nervous before and I was happy now that we were all here. I'm not nervous any more. I'm just excited to play."

After performing their live set, the band played their set, allowing Wally's to take over the stage.

It was good to be back with my boys.

— Justin Bourcier

Justin Bourcier is a 16-year-old from a family of 10. He has been playing music since he was 10. He has been playing music since he was 10. He has been playing music since he was 10.

He has been playing music since he was 10. He has been playing music since he was 10. He has been playing music since he was 10.

The band had a surprise for the audience. The group consisted of a trumpet, player dressed as a Sponge Bob. Spoken Word and while other bands played their short, sharp, punchy songs, Head on Punk played their long, slow, and hard songs.

only the members.

The crowd's reaction proved the day stood by its name for competition.

Last to take the stage was Head on Punk. The group consisted of a trumpet, player dressed as a Sponge Bob. Spoken Word and while other bands played their short, sharp, punchy songs, Head on Punk played their long, slow, and hard songs.

I really did have fun. I was nervous before and I was happy now that we were all here. I'm not nervous any more. I'm just excited to play."

It was good to be back with my boys.

Head on Punk was a surprise for the audience. The group consisted of a trumpet, player dressed as a Sponge Bob. Spoken Word and while other bands played their short, sharp, punchy songs, Head on Punk played their long, slow, and hard songs.

After playing their last song, they walked with the others to leave the venue while Wally's employees and the judges headed together to decide the winners.

Head on Punk was a surprise for the audience. The group consisted of a trumpet, player dressed as a Sponge Bob. Spoken Word and while other bands played their short, sharp, punchy songs, Head on Punk played their long, slow, and hard songs.

"We're just really happy to be here," said D. Adams. Head on Punk was a surprise for the audience. The group consisted of a trumpet, player dressed as a Sponge Bob. Spoken Word and while other bands played their short, sharp, punchy songs, Head on Punk played their long, slow, and hard songs.

"We're really excited and surprised. We had a lot of fun and it was the best we've ever played together as a band. Even though we only played one song, we really enjoyed it."

The band had a surprise for the audience. The group consisted of a trumpet, player dressed as a Sponge Bob. Spoken Word and while other bands played their short, sharp, punchy songs, Head on Punk played their long, slow, and hard songs.



HOROSCOPE

Book of Hours, 1992



Aries
March 21
April 19



Libra
September 23
October 22



Taurus
April 20 - May 20



Scorpio
October 23
November 21



Gemini
May 21 - June 21



Sagittarius
November 22
December 21



Cancer
June 22 - July 22



Capricorn
December 22
January 19



Leo
July 23 - August 22



Aquarius
January 20
February 18



Virgo
August 23
September 22



Pisces
February 19
March 20



Libra
September 23
October 22



Scorpio
October 23
November 21



Taurus
April 20 - May 20



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Aquarius
January 20
February 18



Virgo
August 23
September 22



Pisces
February 19
March 20



PHOTO BY DAVID HARRIS

Special First Stage was one of the winners in the last band standing competition. Jan. 26 They will play Andy's Big and the other winners from the two previous contests at the stadium in February. The winner of the semifinals will win \$1,000 and a shot at the nationals.

COUNSELLOR'S CORNER: Problem Gambling

Internet casinos, video lottery terminals, Private lottery tickets: the opportunities to gamble are everywhere. For many it's just a harmless means of entertainment. But gambling becomes a problem when the behavior begins to interfere with your family, personal or school life.

Gamblers Anonymous has a lot of helpful questions to determine how gambling is affecting you. For example, how often do you go back to try to recuperate when you lose the day before? Have you claimed to win money that you really didn't? Do you ever have betting slips or lottery tickets from your family? After winning, do you have a strong urge to return and win more? There are just some questions that gambling is a problem in your life.

If you are worried that your level of gambling is no longer fun and you need help to stop talk to a counselor. Special community programs for people with gambling problems are well as self-help groups are available in our area. Like other addictions, problem gambling can destroy your life. Sadly, that's all they can do to you.

Fanshawe ranks supreme at tournament

Both men's and women's indoor soccer teams are victorious

By FLANK PHILLIPS

Fanshawe College won the podium in both the men's and women's indoor soccer tournaments in Chatham.

The 10th annual Chatham men's indoor soccer tournament finished in the dark after a power outage with Fanshawe taking home the championship on day 10.

Chatham's started the tournament playing Fanshawe and managed with a 4-0 win. However that was the last bright spot in the journey as the Chatham fell to a Chatham's alumni team 4-0 after going up a 3-1 lead early in the game. Chatham's followed the disappointing loss with defeats to George Brown and Fleming.

before the finals were held. It did not begin in the game were any attempts to possibly take home the tournament title. "In our opinion, it looks like Fanshawe is the strongest and most prepared because they named Chatham's the best two years," said Johnstone.

On the women's side Fanshawe again took the three taking home the 11th annual Chatham's women's indoor soccer championship. Chatham's left with a 0-3 record against the final.

Chatham's began early in the morning of Feb. 5 with an 8-0 win game against Chatham's. The Chatham's ran away with the match taking a 3-0.

Next in the schedule for Chatham's was a Chatham's (game team which won the Chatham's last 1-0 after run into into penalty. Inside the Chatham's team happened as a five on three advantage after Chatham's took and under Chatham's and too many game penalties.

Chatham's third game was against the London Ontario team that became Chatham's final Fanshawe.

The Chatham's took the game 1-0, as Chatham's was shut out for the second game in a row. "We didn't finish our chances," said Chatham's head coach Albie Kruger. "This time all I think we played well. We were missing two very good players."

Chatham's final game was then in a match up with Chatham's where Chatham's finished 1-0 after a 3-0 win.



Audley Forwarding blocks out a Georgian defender on goal in a 2-0 Chatham's win during the 10th annual Chatham's indoor soccer tournament Feb. 5.



Jessica Lee Stern by a Georgian forward.

PHOTOS BY
BLANK PHILLIPS

We didn't finish our chances. But overall, I think we played well.
— Albie Kruger

Afterwards, the women's team returned to Chatham's a final loss 4-0, made Chatham's final podium in the tournament.

"It was good to have other players and how to match up defenses," said Johnstone.

Fanshawe lost and a 1-0 win of only Chatham's Chatham's were seen in the finals in a three game series. The championship game was won 1-0.

PERFORMANCE ANXIETY GROUP



Is this you?

- ⊗ Why can't I perform well as my placement or on presentations, when I know my stuff?
- ⊗ Why bother trying? I'm going to fail anyway
- ⊗ I'm a failure unless my work is perfect
- ⊗ I'm afraid of making mistakes, being embarrassed and the disapproval of others

Learn how to change your self-defeating thoughts

To register bring a copy of your timetable to
COUNSELLING SERVICES, 1A101 by Fri, Feb 13th

The group will begin the week of Feb 22nd

It will run for 4 weeks (once a week) times to be determined by student schedules - students will be notified

CALL FOR NOMINATIONS

for the

ALBERT HADAR DISTINGUISHED TEACHER AWARD

Would You Like To Nominates
A Distinguished Teacher?

Distinguished teachers are those who demonstrate exceptional skill and commitment to students and to their profession and whose teaching skills are widely recognized. They have demonstrated excellence in their education and/or college and/or research and/or other professional or other community.

For more information or nominations forms, please visit the following nomination form.

2004 Award Winner – Marie Boring
2003 Award Winner – Peter Hocking
School of Business – George Brown
School of Business – York University
School of Engineering & Information Technology – York University
School of Health Sciences – York University
School of Health Sciences – York University
National Institute of Health – York University

and 2004
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The Great Award Committee (you are being a distinguished professional development) will be

and 2004

Notice you again on January 10, 2005
Nominations close on March 10, 2005

CONESTOGA
STUDENTS INC.



Canadian Cystic
Fibrosis Foundation

POLAR PLUNGE



THURSDAY, FEBRUARY 12TH
STARTS AT 12:00PM AT THE BACK POND
SIGN UP IN THE CSI OFFICE, ROOM 2A106

*CONESTOGA STUDENTS TAKING THE PLUNGE
FOR THE CANADIAN CYSTIC FIBROSIS FOUNDATION*